

Baby & Me

This program helps expecting mothers quit using tobacco. Over 40 mothers were served this year. Five mothers have graduated from the entire program which consists of consultation throughout her pregnancy and 1 year post partum! This is a great accomplishment. All but one of the babies born to mothers in the program were above normal birth weight. Two EP staff members attended the annual Baby and Me Tobacco Free Training. Additionally, another staff member became a CTTS (certified tobacco treatment specialist)! To make a referral to the program:

Please contact Sarah Saylor or Mary Beth Haubner at (513) 868-2100 or visit babyandmetobaccofree.org (Client Referral > Ohio Patient Referral > Envision Partnerships. Use code: Ohio-Baby-0395.)



Healthy Babies. Born on Time.

What is your Alternative?

My Alternative is Mindfulness

Ask your doctor about
alternatives to painkillers.



The "My Alternative" campaign, developed at EP, was focused in Middletown this year to increase awareness of opioid use through a digital media campaign, 10 billboard displays, and 33,084 mailers were distributed to residents listing the 5 permanent drop box locations in Butler County as well as alternative messages. This campaign encourages individuals to talk to their doctor about alternatives to prescription pain medication. Tennis balls with The Alternatives message were distributed with cards on how to use the tennis ball to release muscle tension. Warren/Clinton County ADAMH Board sought permission and have adapted our campaign for their own use. Contact EP for your own tennis balls and accompanying information. Spreading our Prevention Superpowers!



Employee Spotlight

Kim Strong Lytle, Director of School and Juvenile Court Programs was recognized at the Alcohol and Drug Abuse Prevention Association of Ohio (ADAPAO) annual meeting on May 3, 2018. Kim received the Community Champion Award for going above and beyond expectations to champion prevention in Butler County.



**Over 800 hours of
continuing education
among staff. We are
committed to
continuously
learning!**

Butler County Suicide Prevention Project Continued

Based on findings, 5 strategies for suicide prevention across Butler County were recommended: Education, Training, Awareness, Policy/Advocacy, and creating an Advisory Board. Contact us:

- To facilitate evidence based suicide prevention programming (already included in our Education Support Groups and Prevention Education Classrooms)
- To train your organization in evidence based Gatekeeper Training: QPR (Question, Persuade, and Refer)
- To get involved in our Butler County Suicide Prevention Coalition which meets quarterly with subcommittees perusing specific target groups

Certified by:



Funded by:



SFY18 ANNUAL NEWSLETTER

This year proved to be another victorious year for Envision Partnerships! We had a presence in 34 individual school buildings across Butler County. This year we increased the number of sessions by 25% which means more individualized guidance provided to our students. As always, we expanded our horizons with new projects and innovative thinking. Below are some noteworthy highlights from the year:

- 221 unique Educational Support Groups and Classrooms—an increase of 34% over SFY17
- Increased our social media presence with a 13% increase in Facebook Likes
- 93% of high-risk student populations increased their assets by at least 1; 68% increased by 5 or more; average number of assets increased by 7.3. More assets = more resiliency.
- 97% of clients who received Low Risk Drinking information reported intending to use information to make low-risk choices regarding their drinking—this is higher than ever before!
- Introduced new "Prevention is Our Superpower" tagline; lookout for water bottles, bags, and shirts with this logo. Let us know if you'd like one!
- 95% of youth participating in our small groups have delayed onset of substance use.



**We served over
12,000 clients in
SFY18!**

Problem Gambling

Monroe served as the target for our Problem Gambling Awareness Month & Campaign due to location of local racino. This marketing campaign can be found on digital billboards along I-75, WCPO targeted digital ads, on posters in local restaurants, on cell phone protectors declaring "Protect Your Assets," and ran a full-page ad on theatre playbills. (See Campaign used below)



Butler County Suicide Prevention Project



Death by suicide has significantly increased over the years nationally and here in Butler County. Thanks to the vision of the Butler County Mental Health and Addictions Services Board, we were able to create a county wide Suicide Prevention Task Force. Utilizing the Strategic Prevention Framework (SPF) Model, we were able to analyze the trends and statistics happening right here in our county. The findings were presented at a state-wide conference, Ohio Promoting Wellness & Recovery in June. For more information, see last page.



2935 Hamilton Mason Road
Hamilton, OH 45011
(513) 868-2100

Butler County Fair Booth

The 40 Developmental Assets Wheel is spun and kids are asked to answer how they practice the internal or external asset that is landed on.



Two children had so much fun, they came back to visit and brought their goats.

Talk about building assets!

Rock, Roll, & Refresh

In it's 4th year, Rock, Roll, & Refresh helps to bridge the gap between minorities and police through fun games that law enforcement run. Over 300 kids and families get a hot dinner, access to Primary Health Solutions Dental Van, Kona Ice cones, and go home with a book. Families who attend Booker T Washington Community Center love it every year!

Fall Youth Summit

Youth representatives from Butler County came together to learn about different strategies and skills to help promote prevention in their schools through: Prevention 101, SAMHSA's Wellness Wheel, effective community development and presentation skills.



- 90% of clients felt their concerns have improved as a result of our services!
- 97.3% felt the group facilitator was helpful!
- 92.8% would refer our services to a friend!



Laughing Through Life

This new creative group, created in-house, was designed to increase the usage of healthy coping techniques through laughter. Students had the chance to develop their own comedy skit while increasing personal happiness levels and adding to their protective assets.



*7. were do you find the most cows
moo york.*

Marijuana Listening Sessions

Partnering with 6 coalitions from around Butler County, listening sessions were conducted to survey trends towards decreasing perception of harm regarding marijuana. A presentation was created to share with communities containing results and recommendations. Contact EP to view the presentation.



The Asset Wheel— Kids love it at community events! "What's your Spark"?



Making Music

In partnership with Pyramid Hill Sculpture Park's Summer Series for Kids, about 100 kids built on Asset #17: Creative Activities to make instruments from household items.



Self Care @ EDGE Teen Center



Students discussed the importance of practicing self care to maintain healthy body and mind. They prepared for one of the busiest times of the year—exams and the holidays. They created their own sugar scrub with essential oils and hot chocolate mixes to be used to deal with stress.

C3 Mental Health/Alcohol and Other Drug Forum

EP CEO, Lori Higgins sat on the adult panel and led a breakout session about developmental assets. Students conducted a second panel to share their experiences and concerns regarding mental health. The entire Lakota School Board was present. Community members and professionals were able to ask questions and offer suggestions for improving mental health in schools.



Prevention Coordinators, Jamie Simpson and Kristina Latta traveled to New York, New York to become trainers in Life Skills Training (LST) to provide additional in-house professional development for our staff and to be a training resource for prevention professionals.



Rally—Columbus, Ohio

EP accompanied Fairfield HS students and saw Javier Sanchez speak from the "Be Present Campaign" in the Spring.

Mental Health Series Part I: Suicide Prevention

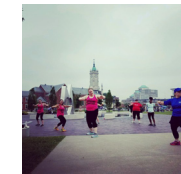
Envision Partnerships, in conjunction with Fairfield City Schools, hosted the first Mental Health Series event. This free event was geared towards parents and adults working with youth. John Ackerman, PhD. from the Center for Suicide Prevention and Research gave a presentation; additional community resources and mental health providers were present.

Healthy Hamilton

A free community event which promoted healthy alternatives to pain management. This event included a number of vendors and workshops demonstrating: yoga, dance, exercise, massage, and reiki, and kayaking. Featured below is a picture of the bike



tour that showcased 8 neighborhoods in Hamilton!



Marcum Park



Summer Youth Summit

The summer Youth Summit was held at Pyramid Hill Sculpture Park. Students learned about prevention through mental and physical challenges, team building activities, and relationship building peers and adults from around Butler County. Topics included stress, healthful approaches to stress, and what to do when it feels overwhelming.

Leadership @ Cincinnati Christian Schools

For the 3rd year in a row, we have facilitated an afterschool program to 7th and 8th graders. They learn leaderships skills and have the opportunity to practice them in a comfortable setting.

- PAX Good Behavior Game expanded into Marshall and Bogan Elementaries (Talawanda School District)
- Trained 75 additional teachers, administrators, and support staff
- Impacted nearly 800 students



Middletown Summer Camp

Another first for EP this year, was a weekly themed summer camp at Wildwood and Rosa Parks Elementaries. Below is a picture from superhero week!



Kidz N' Character

Participants from Booker T. Washington and Boys & Girls Club of Hamilton performed *Fairy Tale Casting Call* written and directed by Kim Lytle, EP Director, School & Court Programs. Partnering with Fitton Center for Creative Arts, kids had a "professional" experience.

