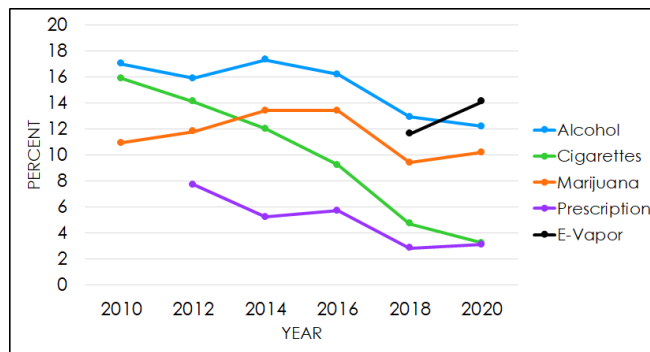


TOBACCO POLICY COALITION

Last year the Butler County Tobacco Policy Coalition, coordinated by Envision Partnerships, played a role in the passing of Tobacco 21 in Ohio. This law raised the purchasing age of tobacco products, cigarettes, and alternative nicotine products such as e-cigarettes and vaping products from 18 to 21. It also made it illegal to give such products to others under age 21.

30-Day Use of Alcohol, Cigarettes, Marijuana, Prescription Drugs and Vaping



*2020 Butler County Pride Survey

In just two years, e-vapor became the most used substance among 7th-12th graders in Butler County - surpassing alcohol, cigarettes, marijuana, and prescription drugs. From 2018-2020, percentage of students who reported using e-vapor in the past 30 days went from 11.6% to 14.1%. The future focus for the Butler County Tobacco Policy Coalition is to reduce use.

FUNDED BY: Butler County Mental Health & Addiction Recovery Services Board



CERTIFIED BY: Ohio MHAS



SUCCESS STORY: Sign reads: "No smoking. That goes for everyone. Thanks!" This young family wanted everyone to know their home was tobacco-free and a healthy environment for all.

BABY & ME TOBACCO FREE

Baby & Me, Tobacco-Free is a smoking cessation program created to reduce the burden of tobacco use among women during the prenatal and postpartum period. According to a 2019 study from Public Health Nursing/ Volume 37, Issue 1, "infants of mothers enrolled in the program have a lower risk of birthweight, preterm birth and neonatal intensive care unit (NICU) admission... and an individual cost savings of \$6,040."

The program follows clinical guidelines for treating tobacco dependency. Our staff conduct counseling sessions each month to help pregnant women quit smoking and stay quit after delivery. A partner who lives with the pregnant mom, including family members, can participate in the program, too. This increases the likelihood of successful cessation by improving social supports and also contributes to lower second-hand smoke in the house.



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Annual Newsletter

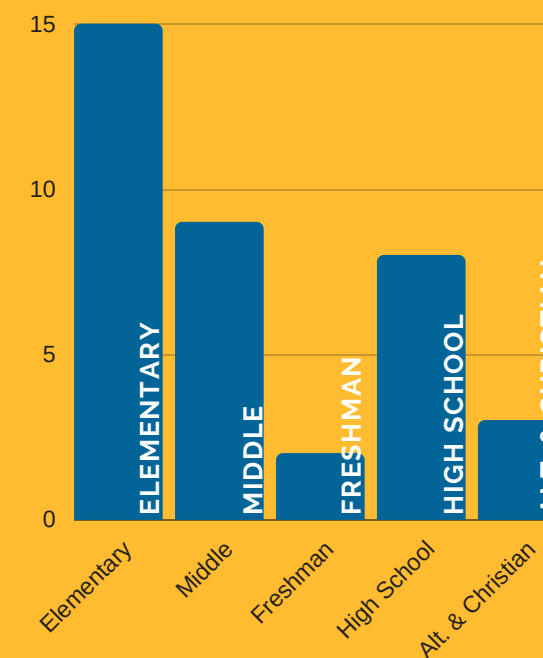
2020

18,437 SERVED

During SFY 2020 we served 18,437 individuals -on target with goal. We were able to achieve great numbers despite school and court shutdowns due to COVID-19. How'd we do it? We got creative.



We had staff in **37 SCHOOLS**



Educational Support Groups are prevention-oriented and focus on topics that impact non-academic barriers to school success. During this difficult time, when children are home and stress is running high, it's more important than ever to have these groups.

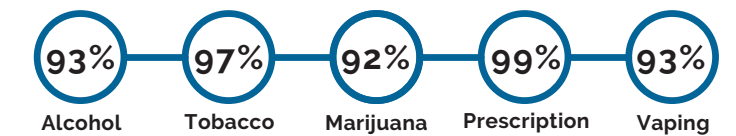


250 EDUCATIONAL SUPPORT GROUPS

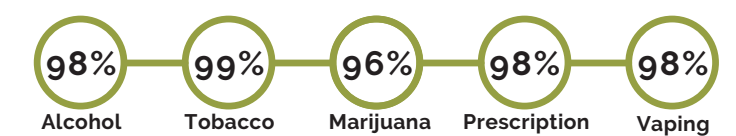
PERCEPTION OF HARM

Objectives for Educational Support Groups included having 75% of group participants identify alcohol, tobacco, vaping, and other risky behaviors as harmful; 85% for Universal Education Groups, exceeding objectives in all areas, and achieved numbers greater than recorded in Butler County youth behavioral health surveys.

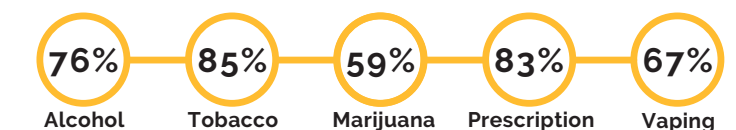
IN EDUCATIONAL SUPPORT GROUPS:



IN UNIVERSAL EDUCATION GROUPS:



COMPARE TO 2020 BUTLER COUNTY PRIDE SURVEYS:

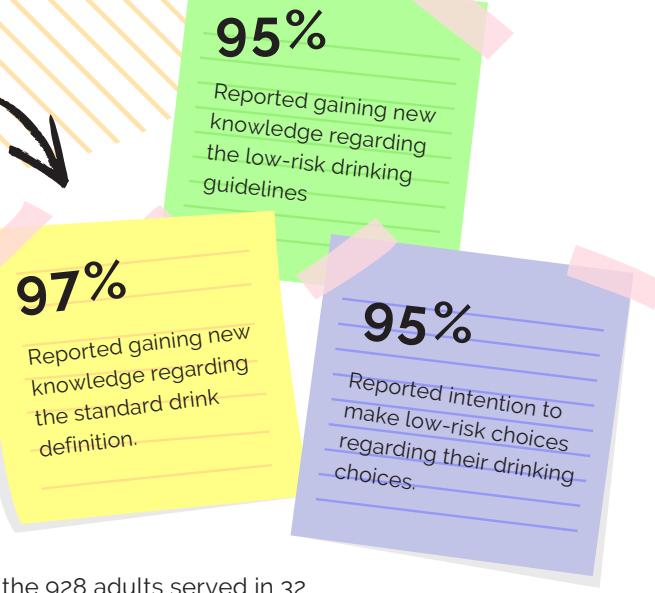


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LOW-RISK DRINKING

MRML, or Minimize Risk, Maximize Life, a low-risk drinking course for adults, underwent a significant update. The curriculum welcomed a design change that offered an easy-to-follow format for both participants and facilitators. To increase overall engagement we added in more activities such as "Name That Slogan" and "Create Your Own Mocktail". In addition to these activities, we expanded the "Alcohol and Your Health Section", which now covers nutrition, hydration, mental health, physical fitness, financial health, occupational health, and intellectual health.



*Based on surveys from the 928 adults served in 32 gambling education programs, and 1,062 at-risk youth served in 70 education programs in 12 different school buildings.

GAMBLING PREVENTION

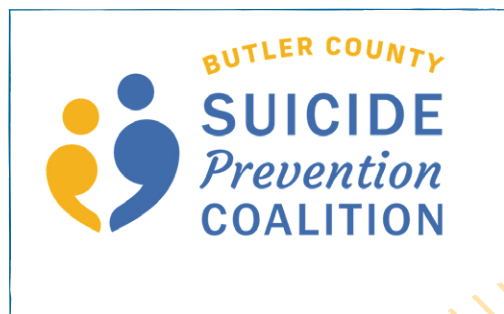
87% Of **adults** reported a gain in knowledge about gambling and its consequences

92% Of **students** served reported that they have continued to **NOT** gamble.

88% Of **adults** reported intent to use the information to make low-risk gambling decisions in the future.

Prevention is Prevention
is PREVENTION
Prevention is PREVENTION!
Prevention is PREVENTION

Approximately 50% of people struggling with problem gambling have thoughts of suicide. By preventing problem gambling disorders, we can prevent suicide. "Prevention is prevention is prevention" explains how preventing one high-risk behavior can prevent others.



ADULTS TRAINED IN QPR
356

*QPR (Question, Persuade, Refer) like CPR, is used to save lives by teaching are important strategies that can help save a life from suicide.

YOUTH TRAINED IN SOS AND/OR LIFELINES
1,853

*SOS (Signs of Suicide), a suicide prevention program that encourages all students to seek help from trusted adults whether they have concerns about themselves or a friend.

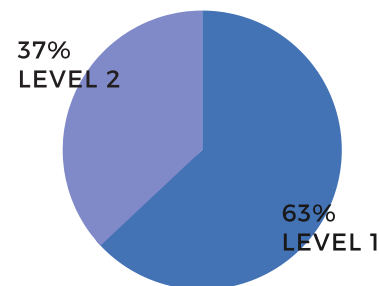
*Lifelines is a comprehensive, school-wide suicide prevention program for middle and high schools

SUICIDE PREVENTION

The Butler County Suicide Prevention Coalition gained 26 members in SFY20. There has been an average of 15 attendees representing 10 organizations at coalition meetings. To better understand the engagement among coalition members, we have developed a measurement system: Level 1 and Level 2 engagement, with Level 1 being the highest ranking of member engagement.

To join the coalition or to learn more, contact Kristen Smith, Suicide Prevention Coordinator:

ksmith@envisionpartnerships.com



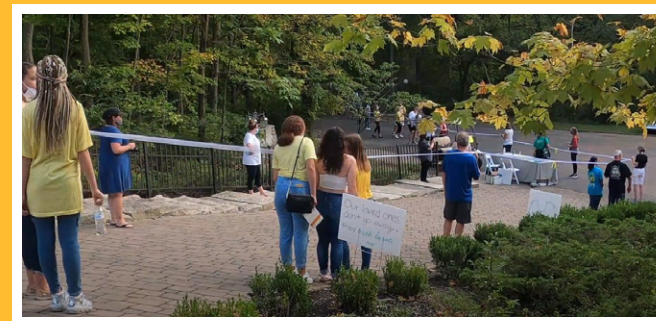
INAUGURAL WALK

To remember those lost to suicide, the Butler County Suicide Prevention Coalition (formed by lead agency Envision Partnerships), organized the first annual Walk to Remember. 40 people came out to honor the lives of those lost to suicide at Voice of America Park. The 2019 event was made possible with the help of our partners at Primary Health Solutions, NAMI Butler County, and the Butler County Mental Health and Addiction Recovery Services Board.



WATCH THE 2020 WALK

This years walk was a little different, with a virtual and in-person option. You can watch the virtual event now on our website at: www.envisionpartnerships.com/walk2remember

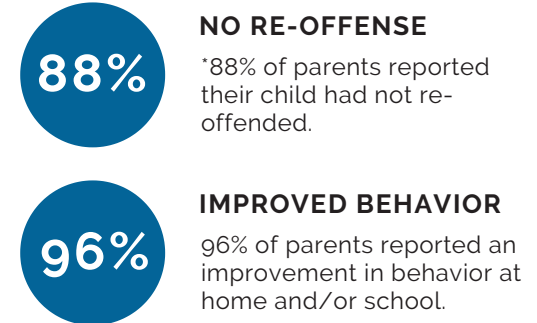


HEALTHY HAMILTON EVENTS

17 'HOOD SCAVENGER HUNT
MINDFULNESS HUNT
INTRO DAM TO DAM RIVER TOUR
PAX MEANS PEACE Mental Health Lunch & Learn
KEEPING THE FAITH PET WANTS WELLNESS
QPR BANKING & ID FRAUD
TRIVIA FINDING YOUR SPARK STAYING WELL
PAX Tools WHICH PRODUCE IS BETTER? GARDENING & 8DIM
HAMILTON BIKE TOUR FITTON RUN CHALLENGE

FAMILY MEDIATION

Mediation is a non-judgmental, confidential process that provides participants with an opportunity to address conflicts and other issues they are experiencing. The mediator is a neutral, third party that assists participants with improving communication, restoring relationships, finding solutions, and creating a written agreement.



HEALTHY HAMILTON WEEK

Healthy Hamilton looked a little different this year, with a completely virtual agenda! Our focus for this year's event was the 8 Dimensions of Wellness.

Watch the events at: envisionpartnerships.com/healthyhamilton



HEALTHY HAMILTON
VIRTUAL
JUNE 6-13, 2020
Envision Partnerships

Join us online for a week of virtual events to help improve your overall wellness, including yoga classes, financial education courses and meditation moments.

- FINANCIAL
- PHYSICAL
- SPIRITUAL
- INTELLECTUAL
- ENVIRONMENTAL
- EMOTIONAL
- OCCUPATIONAL
- SOCIAL